

The Resource

Well-being resources, family care benefits, learning & development opportunities, employee recognition, perks and more to help you thrive personally and professionally.

thrive



Ongoing learning & development opportunities

Black History Month community events

Experience the remarkable journey through Black history and culture with the Homage exhibit, featuring two upcoming events on the Danforth Campus:

- **Artifact Exhibit**
Wednesday, Feb. 21, from 12 - 6 p.m.
Holmes Lounge | [RSVP here](#)
- **The Influence of the 'Divine 9'**
Friday, Feb. 23, from 2 - 6 p.m.
Umrath Lounge | [RSVP here](#)



Events are held in collaboration with the Department of African & African American Studies, Center for Diversity and Inclusion, Office of Institutional Equity and Supplier Diversity.

Looking to increase your impact on Supplier Diversity?

THURSDAY, FEBRUARY 29
12PM - 1PM

Join our Lunch & Learn to discover:

- More about the Supplier Diversity dept.
- How YOU can engage with Supplier Diversity
- Tools for success to find diverse suppliers

RSVP: <https://bit.ly/SDLunchandLearn>

Supplier Diversity Lunch & Learn

February 29, 12 - 1 p.m., Umrath Lounge

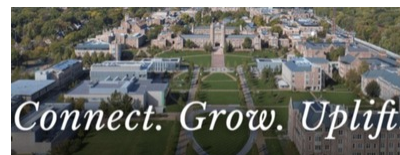
Join us to learn about WashU's Supplier Diversity Department and gain tools for effective collaboration with diverse suppliers. Enjoy a boxed lunch from local Elle 7 catering during the event. The first 30 registrants will receive a special gift at check-in. [RSVP now.](#)

Save the date! Woman and Diverse Owned Business Marketplace

Experience Women's History Month with a vibrant marketplace showcasing local diverse-owned St. Louis businesses, brought to you by the Department of Supplier Diversity and

the Office of Institutional Equity:

- **Danforth Campus** | March 5, 2024
Risa Commons | [RSVP here](#).
- **School of Medicine Campus** | March 6, 2024
Eric P. Newman Education Center | [RSVP here](#).



Engage with and recognize your colleagues



Nominate a staff member for a Distinguished Honor Award by March 15

It is once again time to honor a deserving staff member through the university's Distinguished Honor Awards.

Similar to last year, eligible staff can be nominated for universitywide awards, a Central Fiscal Unit (CFU) award and four School of Medicine awards. Danforth Campus school-specific awards are also listed online. We invite you to nominate staff members who go above and beyond, making a significant impact and demonstrating a commitment to community growth.

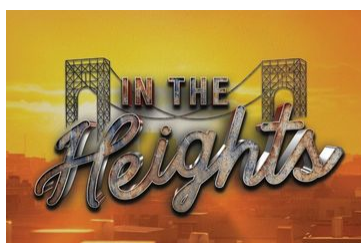
[View award details and nominate a deserving staff member](#)

WashU Night with St. Louis City SC

Saturday, June 8, at 7:30 p.m. at CITYPARK

Cheer on the St. Louis City SC as they take on the Portland Timbers!

WashU employees can [view event details and purchase discounted tickets](#) for the June 8 game.



WashU Night at the MUNY

Sunday, Aug. 11, at 8:15 p.m.

The Office of Human Resources Engagement team is thrilled to announce our first-ever [WashU Night at the MUNY!](#) Join us for a special group event featuring discounted tickets to the MUNY's production of *In The Heights*.

Thrive tip: Find more WashU Signature Events by visiting the [Culture & Community hub](#).

Take care with WashU's mind-body programming

FOR WASHU, FROM WASHU
8IGHTWAYS[®]
to Wellness

Save the date! Spring well-being challenge kicks off on March 25

Registration opens March 8, 2024, for this 6-week well-being challenge

Prioritize physical activity while exploring the *8ight Ways to Wellness*, a collection of evidence-based strategies designed to enhance your overall well-being and reduce your risk of disease, developed by WashU's own Dr. Graham Colditz, MD, DrPH. Participate as an individual, or join a team for some fun competition and unlock "Try it Tuesday" activities for bonus points!

Thrive tip: Bookmark the [challenge homepage](#) for more details, and begin logging activity on March 25.

Take Care Health Fair, School of Medicine Campus

Tuesday, March 12, from 10 a.m. - 3:30 p.m.

All WashU employees are invited to join us in person at the Eric P. Newman Education Center (EPNEC) on the School of Medicine Campus, where participants can look forward to:



- Fitness assessments from WU Physical Therapy
- Onsite health screening event - [schedule your appointment](#).
- Kickoff the spring wellness challenge
- Connect with WashU's UnitedHealthcare Nurse Advocate
- 5-minute chair massage
- Attendance prizes, and more!

Thrive tip: Bookmark the [Take Care Health Fair webpage](#) and check back for updates.

Farmers Market & Crop Box program

Thursdays, 10 a.m. - 2 p.m.

Shop fresh and local produce at the weekly [Farmers Market](#), held throughout the year on the School of Medicine Campus.



Support your family with these resources



St. Louis area summer camps

Families looking for summer camps in the St. Louis area can access a [curated list of local options](#) from WashU's Child and Family Care Facilitator.

Dolly Parton's Imagination Library

Now available in Missouri and Illinois! Dolly Parton's Imagination Library gifts books each month to registered children from birth to age five, free of charge to families. Parents or guardians can [register their children](#) in the program to receive high-quality, age-appropriate books each month. [Check availability in other U.S. states](#).



Plan for your financial future



Financial literacy series

WashU recognizes the importance of providing employees with essential financial knowledge to ensure a stable future. In this month's post, we outline [resources for financially preparing for the new year](#).

Financial wellness resource

Enrich is WashU's financial well-being platform that offers interactive finance courses, hundreds of articles, videos and tools, as well as the option to work one-on-one with a financial coach. [Get started by exploring your money personality](#).



Stay up to date with these announcements & reminders



Workday Learning

To enhance employee learning and development opportunities, WashU is utilizing Workday Learning, an on-demand learning management system integrated into Workday. Currently, this will affect the following:

- **Immunization Compliance**
Beginning Feb. 23, employees will submit vaccination documentation through Workday per university policy. Previously, immunizations were uploaded to ReadySet, which will be phased out in late March. [Detailed instructions are available online](#).
- **Annual Harassment Prevention Training**
Formerly administered in Learn@Work, annual harassment compliance training will move to Workday when it is assigned in early March. Additional information will be shared via email in late February.

2023 year-end tax documentation available

To prepare for taxes, the following documents will be available on the specified dates:



- **Jan. 31:** W-2 forms available in Workday; Stipend letters available
- **March 1:** 1095-C forms will be mailed to your home address in Workday
- **March 15:** 1042-S forms available in FNIS profile

Thrive tip: Find helpful tax document timelines and information [online](#).

Vacation policy update

Effective March 1, 2024, WashU will update the Vacation Policy to meet the new Illinois law, Paid Leave for All Workers Act. This policy change will affect both Illinois-based workers and the larger WashU employee population.



The vacation policy also impacts the orientation period policy for all WashU staff, in which employees will be able to use their vacation time as it accrues with supervisor approval beginning March 1, 2024.



Cosmetic Dermatology Specials for WashU Employees

New patients to [Washington University Dermatology](#) receive their choice of \$100 off their first microneedling session or \$50 off their first Hydrafacial® or laser hair removal treatment. To schedule, call 314-996-8810 for West County or 314-747-8688 for the Central West End.

Thrive tip: [Subscribe](#) to the quarterly *To Your Health* newsletter to receive health and wellness information from WashU Physicians.

COVID-19 Vaccine Update

WashU employees can get the updated Pfizer-BioNTech COVID-19 vaccine on Fridays from 9 a.m. to 12 p.m. at the Occupational Health Clinic in the Center for Advanced Medicine (CAM), Suite 5A. The walk-in clinics operate on a first-come, first-served basis, except on university-recognized holidays.



Reminder: Any employee with [COVID-related symptoms](#) or a positive COVID test is required to contact the Occupational Health Call Center at covidcallcenter@wustl.edu or 314-362-5050 for screening and further guidance before reporting to any WashU campus location.

Thrive tip: The US government is offering [free COVID-19 tests](#) to households via USPS.



State of the School recording available

Dean Perlmutter delivered the School of Medicine's [annual State of the School address](#) in January, providing both a retrospective of the school's progress over the past year and a glimpse into its future.

Volunteer for Health

The Research Participant Registry connects volunteers with clinical trials conducted at WashU's renowned medical research center. By [volunteering for medical studies](#), you can support the university's mission and gain valuable insights into your health.



Helpful Employee Quick Links

HR is here to support you. View quick links to employee resources:

- [Well-Being hub](#)
- [Mind/Body wellness resources](#)
- [Work-Life & Family Care hub](#)
- [Financial Well-Being](#)
- [Work-Life Solutions \(EAP\)](#)
- [Workday@WashU](#)
- [Culture & Community hub](#)

More resources are available at hr.wustl.edu.

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