



Name:	Date of Birth: Visit Date:					
Please complete this questionnaire prior to arriving your particular health care needs. Please note that	at the clinic so that we can be better prepared to address pages are double sided.					
Provider who referred you:	Your Primary Care Provider :					
Name	Name					
Address	Address					
CityZip Code	CityState Zip Code					
Phone number:	Phone number:					
Fax number:	Fax number:					
Please list the name of your pharmacy:	NameAddressStateZip Code Phone number:					
If you are cared for by a cardiologist please list below: Name	Address State Zip Code Phone number:					
Tax Hullibel						

What is the reason for your	visit?
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of needing to go to the bathroom?

small amounts of urine leakage?

difficulty emptying your bladder?

Instructions: Please answer all of the questions in the following survey. These certain bowel, bladder, or pelvic symptoms and, if you do, how much they bo the appropriate box or boxes. While answering these questions, please consist months.	ther you.	Answer the	se by putting	an X in
Do you?	•		es it bother Moderately (-
Usually experience <i>pressure</i> in your lower abdomen? Yes No				
Usually experience heaviness or dullness in the pelvic area? Yes No				
Usually have a bulge or something falling out that you can see or feel in your vaginal area?				
Ever have to push on the vagina or around the rectum to have or complete a bowel movement?				
Usually experience a feeling of incomplete bladder emptying? Yes I	No			
Ever have to push up on a bulge in the vaginal area with your fingers				
To start or complete urination? Yes No				
Have you ever tried using a pessary? Yes No				
Do you usually experience?	•		es it bother Moderately Q	-
frequent urination? Yes No			,	

urine leakage associated with a feeling of urgency, that is, a strong sensation

Yes No

Yes No

Usually lose gas from the rectum be	yond your control? Yes	No		
Usually have pain when you pass you	ur stool? Yes	No		
Experience a strong sense of urgence	y and have to rush to the bathro	om		
to have a bowel movement?	Yes	□No		
Does part of your bowel ever pass th	nrough the rectum and bulge ou	tside		
during or after a bowel movement?	☐ Yes [No		
Please list the things you are allergic t allergies.	o AND your reaction to it. Includ	de medications, f	ood, and environ	
Medicine/Food/Ot	her Allergies:		Reaction:	
•				
I have not used medications. Please list the medicines are you curr remedies and supplements.	ently taking. Include all over the	e counter (OTC) r	medications like v	ritamins, herbs,
Medicine/OTC Medicine	Dose N	ledicine/OTC Mo	edicine	Dose
			l	
How frequently do you urinate durin	ng the day?	Every	hours	
How frequently do you urinate durin How many times do you get up at ni	ng the day?	Every	hours times	
How frequently do you urinate durin	ng the day?	Every		□ No
How frequently do you urinate during How many times do you get up at ning Do you ever wet the bed? Do you feel you completely empty you	ng the day? ght to urinate? our bladder?	Every	times	□ No
How frequently do you urinate during How many times do you get up at ni Do you ever wet the bed? Do you feel you completely empty you you have trouble starting your st	ng the day? ght to urinate? our bladder? ream of urine?	Every	times Yes	
How frequently do you urinate during How many times do you get up at ning Do you ever wet the bed? Do you feel you completely empty you	ng the day? ght to urinate? our bladder? ream of urine?	Every	Yes Yes	□ No
How frequently do you urinate during How many times do you get up at ni Do you ever wet the bed? Do you feel you completely empty you you have trouble starting your st	ng the day? ght to urinate? our bladder? ream of urine?	Every	Yes Yes Yes	No No
How frequently do you urinate during How many times do you get up at ning Do you ever wet the bed? Do you feel you completely empty your story on the property of the propert	ng the day? ght to urinate? our bladder? ream of urine?	Every	Yes Yes Yes Yes	No No No
How many times do you get up at ni Do you ever wet the bed? Do you feel you completely empty y Do you have trouble starting your st Do you notice any change in your str Do you ever dribble urine?	ng the day? ght to urinate? our bladder? ream of urine? ream of urine?	Every	Yes Yes Yes Yes Yes Yes	No No No No No

On an average day, how much do you drink? List below.

Type of Fluid	Am	ount			Typ	e of I	Fluid		Amount		
Example: decaf coffee	2 80	z cups									
Please answer the following o	questions abo	ut your OBST	ETF	RICAL	AND	GYNE	COLOGIC HIS	TORY:			
How many times have you b	een										
pregnant?											
How many children did you	deliver?										
Of these, how many were de	elivered:	Vaginally:					By C-S	ection:			
		Forcep Ass	iste	d? [_	Yes		No Vacuu	m Assisted	? 🗌 Yes	☐ No	
How big was your biggest ba	aby?		ı	bs		oz.					
What was your age at each of						_					
Did you have any problems v	•			 ∏ Ye	<u></u>				No		
your deliveries?	with any or	Explain:_		_] 110		
	н	ave vou evn	erie	nced	meno	ากลเเร	se?				
	_	ave you exp	erie								
Yes – please answer que	stions 1-3 on	y		Ш	No – I	pleas	e answer que	stions 4-7	only:		
 How old were you w menopause? 	-	_		4.	Date 	of you	ur Last Menst	rual Perioc	l:		
2. Do you take hormor	ne replacemer	nts?		5.	Perio	ds coı	me every	days a	and		
Yes No					lasts _		days.				
2a. If yes, list the type:_				6.	Do yo	u hav	/e problems v	vith your p	eriods?		
					Y	es	No				
3. How long have you	taken hormon	e		7.	Do yo	u use	Birth Contro	l?	Yes	No	
replacement?			rs				nethod:				
Are you sexually active?				Yes		with	men	n women	Not se	exually act	
Is sexual intercourse painful	for you?			Yes		No				· · · · · · · · · · · · · · · · · · ·	
Are you satisfied with your s	exual function	n?		Yes		No	1				
Would you like to talk about it with your physician?						No	1				
Do you leak urine during intercourse?						No					
In your life, have you ever be	een sexually			Yes		No					
or physically abused?											
Have you ever had an abnor	mal Pap smea	ır?		Yes		No	Date of last	Pap smear	:		
Did you have to have treatm				Yes		No	What type?				
Have you had an abnormal r	nammogram $\widehat{\cdot}$	·		Yes		No	Date of last	mammogr	am:		

Female Pelvic Medicine & Reconstructive Surgery

Have you ever had an abnormal colon screen?			'es	☐ No		of last colon screening: (colonoscopy of doscopy)
Have you ever had pelvic rad	iation for any reason?	Y	'es	☐ No		
Please answer these question Do you have any of the follow				te boxes.		
Heart Problems		Bowe	el Probler	ns	Neurologic Problems	
Heart Disease	Asthma		В	owel Dise	ase	Parkinson's Disease
High Blood Pressure	☐ Pneumonia		□ U	lcers		Multiple Sclerosis
Heart Murmur	Tuberculosis		D	iverticulit	is	Stroke
Heart Attack	☐ Emphysema		Li	ver diseas	se	Back injury, surgery, known herniated disc
High Cholesterol/Lipids			D	iverticulo	sis	
Endocrine Problems	Bleeding problems		Othe	r		_
☐ Diabetes	Bleeding probler	n	☐ Ki	dney Dise	ease	_
☐ Thyroid Disease	☐ Blood clot proble	em	A	rthritis		=
Osteoporosis	Aspirin use		☐ G	laucoma		
Chronic Steroid Use			C	ancer		
Please tell us more about any SURGICAL HISTORY List ALL surgeries you ha					ther pro	oblems:
Surgery	Year Surg		yea		ar	
Appendectomy Tonsillectomy	Pleas	e List	_	Other Su	rgeries	Below:
Gallbladder surgery						
☐ Knee replacement						
Cesarean deliver						
Hvsterectomv						

Instructions: Some women find that bladder, bowel, or vaginal symptoms affect their activities, relationships, and feelings. For each question, place an **X** in the response that best describes how much your activities, relationships, or feelings are being affected by your bladder, bowel, or vaginal symptoms or conditions **over the last 3 months**. Please make sure you mark an answer in **all 3 columns** for each question.

How do symptoms or conditions related to the following $\rightarrow \rightarrow$ usually affect your \downarrow	Bladder or urine	Bowel or rectum	Pelvis or vagina
1. Ability to do household chores (cooking,	☐ Not at all	☐ Not at all	☐ Not at all
housecleaning, laundry)?	☐ Somewhat	☐ Somewhat	☐ Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
2. Ability to do physical activities such as walking,	☐ Not at all	☐ Not at all	☐ Not at all
swimming, or other exercise?	☐ Somewhat	☐ Somewhat	☐ Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
3. Entertainment activities such as going to a movie or	☐ Not at all	☐ Not at all	☐ Not at all
concert?	☐ Somewhat	☐ Somewhat	☐ Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
4. Ability to travel by car or bus for a distance greater	☐ Not at all	☐ Not at all	☐ Not at all
than 30 minutes away from home?	☐ Somewhat	☐ Somewhat	☐ Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
5. Participating in social activities outside your home?	☐ Not at all	☐ Not at all	☐ Not at all
	☐ Somewhat	☐ Somewhat	☐ Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
6. Emotional health?	☐ Not at all	☐ Not at all	☐ Not at all
	Somewhat	Somewhat	Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit
7. Frustration?	☐ Not at all	☐ Not at all	☐ Not at all
	☐ Somewhat	☐ Somewhat	Somewhat
	☐ Moderately	☐ Moderately	☐ Moderately
	Quite a bit	Quite a bit	Quite a bit

DAILY ACTIVI								
What kind of	work do yo	ou do?						
Do you exerci	ise regularl	y? 🗌 Yes 🗆	□No		If yes, how many hours per week?			
What types o	f exercise c	?ob uoy ob						
Do you consid Do you currer Exposed to se Have you eve	der yoursel ntly smoke econdhand er smoked?	f healthy? ? smoke?	Yes	No	How many pa	acks a day?		
Endin	g at what a	age?			How many pa	acks a day?		
How many ca			glasses of wine	e, c	or alcohol	(oz) do you drink every week		
		your family	has a history of	f any of these	diseases. <u>Ple</u>	ase specify mother or father's side Family Member(s)		
Breast Cancer			=	No				
Ovarian Canco		=	=	No				
Other Cancer		=		No				
Heart Disease Diabetes	<u> </u>	=	=	No No				
High blood pr	PASSIIPA	=	=	No				
Osteoporosis		=	=	No				
Urinary incon		=	=	No				
Other								
		Living	Deceased	State of Ho	alth (if docoa	sed, cause of death)		
1	Age	Living	Deceaseu	State of He	altii (ii uecea	sed, Cause of deatily		
Father								
Mother								
Brother(s)								
Sistan/s)								
Sister(s)								
Children								
			1					

Are you **currently** having any problems with any of the following: (check <u>all that apply</u>)

Constitutional	Eyes	Gastrointestinal	Endo/Heme/Allergies
☐ Fever	Blurred vision	Heartburn	Easy bruising
Chills	☐ Double vision	Nausea	☐ Environmental
			Allergies
☐ Weight loss	Sensitivity to light	☐ Vomiting	Excessive thirst
☐ Malaise/Fatigue/Tired	☐ Eye Pain	Abdominal pain	Neurological
☐ Intense sweating	Eye Discharge	☐ Diarrhea	Dizziness
Weakness	Eye Redness	Constipation	Tingling
Skin		Blood in stool	☐ Tremors/shaking
Rash		Black, tarry stool	Sensory changes
Head/Ears/Nose/Throat	Cardiovascular	Genitourinary	Speech changes
Headache	Chest pain	Painful urination	Focal weakness
Hearing loss	Heart palpitations	Urgency	Seizures
Ringing in ears	Shortness of breath	☐ Frequency of urination	Loss of consciousness
	when lying flat		
Ear pain	Cramps in lower legs	Blood in urine	Psychological
Nosebleeds	Leg swelling		Depression
Congestion	Respiratory	Musculoskeletal	Suicidal thoughts
Sore throat	Cough	Muscle pain	Substance abuse
	Coughing up blood	Neck pain	Hallucinations
	Excess sputum	Back pain	☐ Nervousness/Anxiety
	Shortness of breath	☐ Joint pain	Insomnia
	Wheezing	Falls	☐ Memory Loss

Click here if you are having NONE of the above symptoms

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NOTE: The rest of this packet contains questionnaires related to your body image and sexual activity. We realize these can be very sensitive topics, and do not want you to feel uncomfortable about answering these questions. We feel that they will help us better understand how your symptoms may be impacting your quality of life, but your response is optional.

Instructions

Women who experience prolapse may have a variety of feelings about how the condition affects them. The following items are about how having prolapse may affect your feelings about yourself and your body. Please read each statement carefully and indicate whether you agree or disagree with the statement by checking the box next to the appropriate response. Some questions ask about how you may feel about your prolapse and your body in intimate situations with a partner. Please try to imagine how you would feel if you were in that situation and pick the answer that best fits how you think you would feel.

			Neither		
			Agree		
	Strongly	•	nor		Strongly
	Agree	Agree	Disagree	Disagree	Disagree
Because of my prolapse, I would worry that my partner might					
avoid being intimate with me.					
I would be embarrassed for my partner to touch my genitals due					
to my prolapse.					
I would avoid intimate situations or sexual activity with my					
partner because of my prolapse.					
Because of my prolapse, I would become anxious in intimate					
situations.					
I feel less attractive due to my prolapse.					
I feel less feminine due to my prolapse.					
I feel less confident about my body due to my prolapse.					
My prolapse affects how I feel about the rest of my body.					
I would try to hide my prolapse from my partner during intimate situations.					
I feel older than my age due to my prolapse.					

Q1 Which of the following best describes you: Not sexually active at all $1 \, \Box \rightarrow \text{Go to item Q2 (Section 1)}$ Sexually active with or without a partner $2 \, \Box \rightarrow \text{Skip to item Q7 (Section 2, page 11)}$

Pelvic Organ Prolapse Incontinence Sexual Questionnaire IUGA-revised (PISQ-IR)

Section 1: If you are NOT sexually active complete Q2-Q6	
If you engage in sexual activity please check this box	and skip to next page and answer Q7-Q20

Q2 The following are a list of reasons why you might <u>not be sexually active</u>, for each one please indicate how strongly you agree or disagree with it as a reason that you are not sexually active.

					Strongly Agree	y Somewhat Agree	Somewhat Disagree	Strongly Disagree
	a. No partner							
	b. No Interest	:						
	incontinen		problems (urinary prolapse (a feeling)					
	d. Because of	my other hea	lth problems.					
	e. Pain							
uteru 1 🗆	is falling out) ca Not at All	use you to <u>av</u> 2	aking urine and/o oid or restrict you A Little	r sexual act	civity? 3 □ So	ome	4 🗆	A Lot
	or each of the sex life.	following, <u>ple</u>	ase choose the n	umber beti	ween 1 and 5	<u>s</u> that best repr	esents how yo	ou feel about
a.	Satisfied	1	2	3	4	5	Dissatisfie	d
b.	Adequate	1	2	3	4	5	Inadequat	e
Q5 H	How strongly do	you agree or	disagree with ead	ch of the fol	llowing state Strongly	ements: Somewhat	Somewhat	Strongly
	a. I feel frustr	ated by my se	v life		Agree	Agree	Disagree	Disagree
	a. Treeringsti	atea by my se	X IIIC					
	b. I feel sexua and/or pro	·-	cause my incontin	ence				
		because of the lapse has on r	ne impact that inco ny sex life	ontinence				
	Overall, how bo Not at All		to you that you a ☐ A Little		ally active? □ Some		4 □ A Lot	

THANK YOU End of Items for Not Sexually Active

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Section 2: For Those Who are Sexually	/ Active						
The remaining items in the survey are answer as honestly and clearly as you		that one is	not ofte	n asked to re	eport on	in a survey please	
Q7 How often do you feel sexually arou	sed (physically	y excited or	turned	on) during se	exual act	ivity?	
1 □ Never	3 ☐ Sometimes				5 🗆 Always		
2 Rarely	4 Usually			,			
,	,						
Q8 When you are involved in sexual ac	ctivity, how of	ten do you	feel each	of the follo	wing:		
		Never	Rarely	Sometimes	Usually	Almost Always	
a. Fulfilled							
b. Shame							
c. Fear							
Q9 How often do you leak urine and/or stool with any type of sexual activity? 1 □ Never 3 □ Sometimes 5 □ Always 2 □ Rarely 4 □ Usually Q10 Compared to orgasms you have had in the past, how intense are your orgasms now? 1 □ Much less intense 3 □ Same intensity 5 □ Much more intense 2 □ Less intense 4 □ More intense Q11 How often do you feel pain during sexual intercourse? (If you don't have intercourse check this box skip to the next item.) 1 □ Never 3 □ Sometimes 5 □ Always 2 □ Rarely 4 □ Usually							
Q12 Do you have a sexual partner?		′ □ Yes → G	o to Q1	3	2 🗆	No → Skip to Q15	
Q13 How often does your partner have activity?	e a problem (la	ack of arous	sal, desir	e, erection,	etc.) tha	t limits your sexual	
1 \square All of the time 2 \square Mo	st of the	3 [☐ Some	of the	4	☐ Hardly	
time		tim	e		e	ver/Rarely	
Q14 In general, would you say that you	ur partner has VERY POSITIVE	a positive of somewhat positive	or negati SOMEV NEGA	VHAT VE	RY	f the following:	
a. Your sexual desire	□¹	<u></u> 2]3]4		
b. The frequency of your sexual		2]3]4		

	When you are invo Never	olved in sexual a	activity, how often do you feel that you want more? $ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $									
2 🗆	Rarely		4 ☐ Usually									
016			. .			h						
Q16 How frequently do you have sexual desire, this may include wanting to have sex, having sexual thoughts or fantasies, etc.?												
	Daily		3 Monthly	,		5 □ N	5 🗆 Never					
	Weekly		4 ☐ Less than once a Month									
Q17 How would you rate your level (degree) of sexual desire or interest?												
1 🗆	Very high		3 \(\text{Moderate} \)	te		5 \square Very low or none at all						
2 🗆	High		4 □ Low									
040				., .			1					
Q18 How much does the fear of leaking urine, stool and/or a bulging in the vagina (prolapse) cause you to avoid sexual activity?												
	Not at all	2 🗆 A Litt	le	3 □ Soi	me	4 🗆 A	Lot					
		/				. — .						
Q19	For each of the follo	owing, please c	ircle the numbe	er betwee	n 1 and 5 th	at best repre	esents how you	ı feel				
	t your sex life.	<u> </u>				·	•					
a.	Satisfied	1 2	3	4	5	Dis	Dissatisfied					
b.	Adequate	1 2	3	4	5	Ina	Inadequate					
c.	Confident	1 2	3	4	5	Not Confident						
Q20	How strongly do yo	u agree or disag	gree with each	of the foll	owing state	ments:						
					Strongly	Somewhat	Somewhat	Strongly				
					Agree	Agree	Disagree	Disagree				
	a. I feel frustrated	I by my sex life										
	b. I feel sexually inferior because of my incontinence											
	and/or prolaps											
	c. I feel embarras	sed about my se	ex life									
	d. I feel angry bec	ause of the imp	act that incont	inence								
and/or prolapse has on my sex life												

THANK YOU

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